



# Fabric

SLOW FASHION ~ ARTFUL LIVING  
April - November 2018



Cover Image: Emu Messenger courtesy of artist, Jenai Hooke  
Inside Cover: Cindy Vogels, Racy and Lucky. ©2018 Charmaine Lyons Photography.





## SLOW FASHION ~ ARTFUL LIVING

**Get ready to dip your toes in or immerse yourself in the world of design and sustainable fashion through Sunshine Coast Council's 'fabric – Slow Fashion, Artful Living' program.**

The Sunshine Coast is home to a unique local textile and fashion industry that has a strong focus on conscious design, handmade and quality production.

Taking inspiration from our local artisans, the *fabric* program brings art and sustainability together in a curated program of design and fashion inspired activities.

Explore the wonderful variety of presentations, workshops, author talks, professional development opportunities and hands on interactive experiences - presented by local and visiting industry professionals.

*fabric* provides an opportunity to be inspired, get informed or refine your skills in a program that covers everything from learning the essentials to participating in a bespoke masterclass.

Through slow fashion, conscious consumerism and behavioural choices we increase the capacity for enriched Sunshine Coast lifestyles, a flourishing creative arts industry and a healthy environment.

Image: cashmere mending by  
Jane Milburn of Textile Beat



# CELEBRATING AUSTRALIAN FASHION REVOLUTION WEEK



24  
APR

## RiverBlue, film screening and discussion

Examining the destruction of our rivers, its effect on humanity and the solutions that inspire hope for a sustainable future, this ground-breaking documentary discovers the toxic side effects of textile production and jean manufacturing on some of the world's largest rivers. Traveling from tanneries along rivers in India, to some of the largest jean manufacturing factories in China, it addresses the question 'Can fashion save the planet?'. Guest presenters Alice Jones from Sinerji and Andi Vendy, 108 Dresses.

6pm | Nambour | Free



28  
APR

## Fashion fix it café

Bring along an item that needs a simple quick fix and get help from our team of volunteers - hems, buttons, basic adjustments.

10am-3pm | Nambour | Free

## Op shop style up sessions

Learn to accessorise and become a savvy op shopper with Emma from Statement Styling.

11am, 1pm | Nambour | Free

## Fashion fix it - 'how to' sessions

Learn to fix the basics - sew a button, take up a hem, make adjustments.

10am, 12pm, 2pm  
Nambour | Free



## WORKSHOP SERIES



12  
MAY

### Make a dress for Mother's Day

Treat yourself or Mum to a stunning one-of-kind dress for Mother's Day - made by you. Sew your own stylish dress made with your own hands and heart. A gift to share and wear. Facilitated by Andi Vendy of sustainable label 108 Dresses.

10am-4pm | Doonan | \$60



9  
MAY

### Shibori resist dyeing

Drop-in style workshop with Jenai Hooke who will guide you through the beautiful and sometimes surprising art of Shibori resist dyeing. Create patterns on fabric using sustainable, natural plant dyes and recycled materials.

9.30am-12.30pm | Eumundi | Free, small cost for extra fabric



12  
JUN

### Printing on cloth with natural dyes

Let Anne Harris guide you through the art of printing with natural dyes, how to create images and prints using sustainable methods and how to make and source your own natural dye. During this workshop you will use cotton, linen and silk fabrics and explore the different processes required for each type of fabric. Each participant will take home five squares (30x30cm) with their own unique art.

10am-3pm | Caloundra | \$80

## WORKSHOP SERIES CONTINUED

30  
JUN



### New life for old clothes

Immerse yourself in creative upcycling with Jane Milburn as she inspires sustainable and ethical reuse of unloved natural-fibre clothing. Bring along a few garments from your wardrobe that you are holding on to but not wearing in their current form. We discuss options for their revival and use simple hand sewing and cutting techniques to restyle them for a second life.

9.30am-12.30pm | Eumundi | Free



11  
JUL

### Re-styled trashion

Kerry Chave from The Trashy Artisan Cooperative will teach you how to make eclectic and practical accessories from would-be trash across three one-hour sessions.

9.30am, 11.30am Bicycle inner tube jewellery, 10.30am Shopping bags from animal feed bags | Eumundi | Free



16 JUL -  
23 AUG

### Living better - by living with less

Join the Minimalista, Carly Willoughby-Rolls, as she shares her story of de-owning and learning to live with less.

“Being a minimalist doesn’t mean you can’t have nice things,” Carly Willoughby-Rolls.

Gain insight and tools that can help save you money and give you more time to enjoy family, friends and our fabulous Sunshine Coast lifestyle.

Libraries across the Sunshine Coast | Free  
For bookings [library.sunshinecoast.qld.gov.au](http://library.sunshinecoast.qld.gov.au)





18  
AUG

### Introduction to indigo with Jenai Hooke

This three hour workshop will introduce you to the wonder of blue and the magic of the world's oldest and most valuable natural pigment, indigo. You will visit the dye garden and see indigo growing, followed by a demonstration of extracting blue pigment from the green indigo leaf. Dye your very own indigo art piece to take home.

9.30am-12.30pm | Eudlo | \$20



29  
AUG

### Natural dyeing with Lara Stone

Learn various natural dyeing techniques on fabrics to create beautiful layered effects utilising a range of products from repurposed kitchen waste to native plants, mud and rust. Participants will take home a fabric art piece and inspiration and knowledge to continue using this creative technique.

10am-3pm | Caloundra  
\$50



1  
SEP

### Handcrafted sandals with Pendragon

Create your very own bespoke sandals in a classic two-strap design with artisan shoemakers Jackie Orme Ward and Adrian Lockwood from Pendragon. In this intimate hands-on beginners class you'll learn leather cutting and decorating, gluing, sewing, lasting, soling and finishing.

Pendragon art shoes have featured in Milan Fashion Week, Design Fest Tokyo and Italian Vogue as well as shows by the Queensland Theatre Company, Opera Queensland, Queensland Ballet and films including the Hollywood feature film Peter Pan and a private commission for actor Helena Bonham-Carter. Don't miss this opportunity to create your own shoes to treasure.

9.30am-4.30pm | Maroochydore | \$175 | Tea, coffee and lunch inc.

## WORKSHOP SERIES CONTINUED



8 OCT-  
7 NOV

### Know your style - the minimalist wardrobe

Introduction to personal style and the minimalist wardrobe by Emma Willman from Statement Styling. Includes personality, body type and features profiling. Bring some clothes and accessories to play with.

Libraries across the Sunshine Coast | Free  
For bookings library.  
[sunshinecoast.qld.gov.au](http://sunshinecoast.qld.gov.au)

5  
NOV



### Millinery workshop

Working with Cindy Vogels; milliner, stylist and designer to the stars, learn a modern headpiece 'hack' to fast track the sculptural process of manipulating traditional 'Sinamay', without the use of costly timber head forms.

Embellished with recycled fabrics, you will create a unique pillbox hat with an ethical handcrafted twist!

9.30am-4.30pm | Caloundra  
\$125



11  
NOV

### Colour in fashion illustration ~ Long morning tea

Frock up and join Carolyn Sheather from Sketchbook stories as she shares how colour relates to depth and texture in fashion illustration and textile design. Learn to reproduce patterns and detail from your favourite frock onto paper at a gorgeous French café. Ooh la la! All levels welcomed. Bring your own sketchbooks and drawing materials.

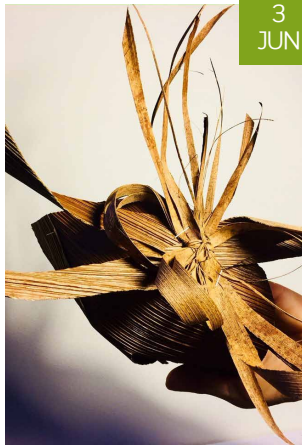
10am-12pm | la Maison du Patissier, Kawana Forest, Meridan Plains  
Free, morning tea at own cost



# WORLD ENVIRONMENT DAY FESTIVAL

*fabric* presents three creative workshops as part of the annual World Environment Day Festival at Cotton Tree Park. The festival is produced by the Sunshine Coast Environment Council and includes a full day of sustainable activities and music for the whole family.

Bookings on site from 10.15am



3  
JUN

## Natural millinery

Get close to nature, with artist Yanni van Zijl, creating your own unique headpiece using natural palm fibre in this half hour hands-on session.

3pm, 3.30pm | Cotton Tree  
Free



3  
JUN

## Stamped leather cuffs

Learn leather stamping and dyeing techniques to incorporate in the design of your bespoke leather cuff with artisan shoemakers Pendragon.

10.30am, 12pm, 1.30pm  
Cotton Tree | Free



3  
JUN

## Speed date styling sessions

Get personalised styling tips based on your personality, individual features and lifestyle in these ten minute one-on-one sessions with Emma Willman from Statement Styling.

10am-2pm | Cotton Tree  
Free, 10 minute sessions



21  
SEP

## CollabAnation Friday<sup>3</sup>Live – Music, Fashion and Design at Caloundra Regional Gallery

CollabAnation invites the audience to venture behind the scenes of true creative collaboration.

The show will be a fashion and visual art spectacular that will transition into an exquisite live performance segment featuring Sunshine Coast sister sopranos Bridget and Genevieve O'Brien.

6pm | Caloundra | \$15, light refreshments and cash bar



# AUTHOR TALKS AND SIGNATURE EVENINGS



30  
JUN

## Slow Clothing as lived practice

Slow Clothing is a philosophy grounded in how we choose, wear and care for clothes for health and wellbeing. In an era dominated by passive consumption of cheap and synthetic fashion, Jane Milburn presents a compelling case for why we need to change the way we dress to live lightly on Earth through everyday practice. She shares 10 ways to survive and thrive in a material world: think, natural, quality, local, care, few, make, revive, adapt and salvage.

3-4pm | Palmwoods | Free, bookings required

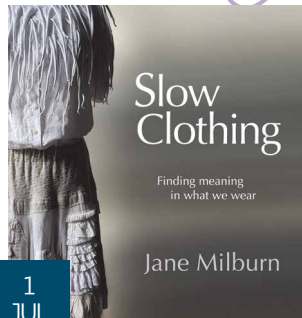


20  
OCT

## Navigating the teen years mindfully; Fashion, natural beauty and wellbeing

Amanda Rootsey guides on natural skincare, ethical fashion, eating mindfully and being gentle with the planet, plus goal setting and being the best and most confident version of yourself.

10.30am, 1pm | Lake Kawana Community Centre

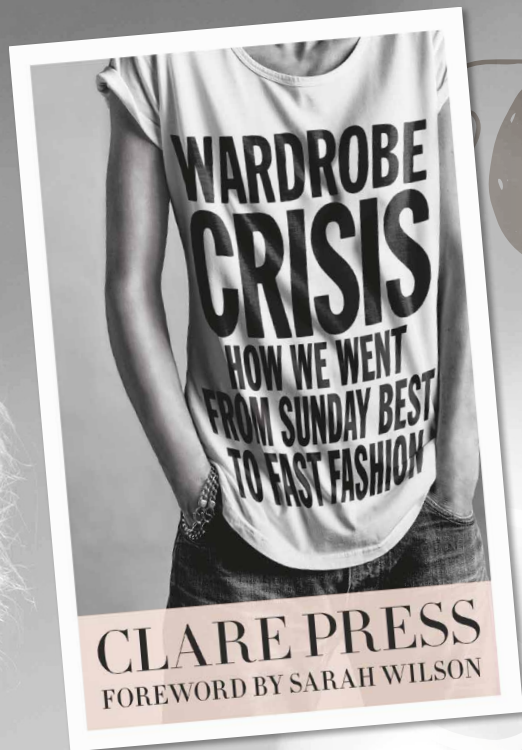


1  
JUL

## Slow Clothing author talk with Jane Milburn

*Slow Clothing: finding meaning in what we wear* responds to ethical issues arising from fast fashion culture which include waste, pollution and exploitation. It presents practical and sustainable ways of dressing for health and wellbeing, independent of fashion cycles. The book encapsulates the work of Australian social entrepreneur Jane Milburn, founder of Textile Beat, who has spent five years exploring ways to transform a culture of excess to a more thoughtful and engaged approach.

11am | Maleny | Free



18  
OCT

## Wardrobe Crisis with Clare Press

Grab your friends and join the fabulous Clare Press, author and Sustainability Editor-at-Large, Vogue Australia, for an evening of fashion insight. Enjoy bubbles and canapes while you gain some top tips on how to become sustainably fashionable.

Presented in partnership with Sunshine Coast Libraries.

6-8pm | Mooloolaba | \$30



# PROFESSIONAL DEVELOPMENT SERIES

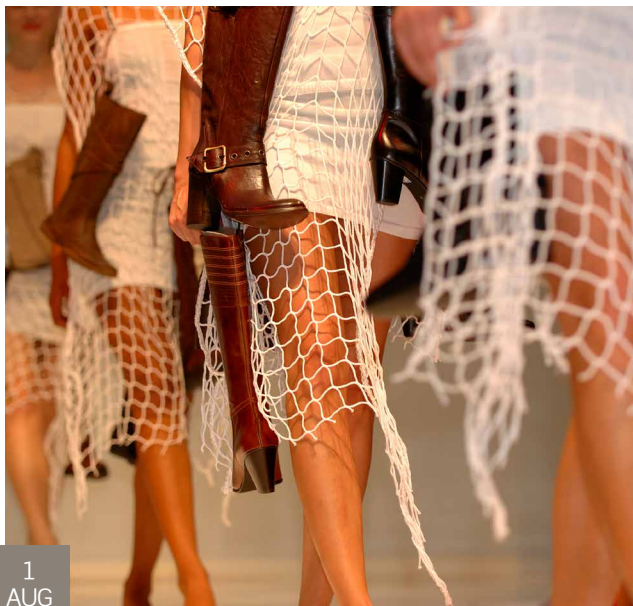


5/9/10  
JUL

## #FashionCampUSC

For Year 11 and 12 students interested in exploring their career potential in the exciting world of high fashion. During a three-day workshop you will try out fashion-styling, direct a fashion photography shoot and illustrate your ideas while you create content for digital media just like a fashion influencer on social media!

For information and bookings  
<https://www.usc.edu.au/connect/continuing-education/fashcamp>



1  
AUG

## When law hits the catwalk: How fashion and law can look good together

If you are a professional or emerging designer and want to learn more about the legal side of things, come along to a free Arts Law seminar geared to fashion businesses and presented by Suzanne Derry from Arts Law Australia.

Fashion as a business:

- structuring your business, business basics
- partnering with others
- contracts and getting deals down in writing

Copyright and design issues:

- what do you need to know about design registration and copyright

4pm | Sippy Downs | Free



# EVENT LISTING

DATE	TIME	EVENT
24 April	6pm	RiverBlue, film screening and discussion
28 April	10am-3pm	Fashion fix it café
28 April	11am, 1pm	Op shop style up session
28 April	10am, 12pm, 2pm	Fashion fix it – how to sessions
9 May	9.30am-12.30pm	Shibori resist dyeing
12 May	10am-4pm	Make a dress for Mother's Day
3 June	10am-2pm	Speed date styling sessions
3 June	3pm, 3.30pm	Natural millinery
3 June	10.30am, 12pm, 1.30pm	Stamped leather cuffs
12 June	10am-3pm	Printing on cloth with natural dyes
30 June	9.30am-12.30pm	New life for old clothes
30 June	3-4pm	Slow Clothing as lived practice
1 July	11am	Slow Clothing author talk with Jane Milburn
5, 9, 10 July		#FashCampUSC
11 July	9.30am, 10.30am, 11.30am	Re-styled trashion
1 August	4pm	When law hits the catwalk
16 Jul - 23 Aug		Living better - by living with less
18 August	9.30am-12.30pm	Introduction to indigo
29 August	10am-3pm	Natural dyeing
1 September	9.30am-4.30pm	Handcrafted sandals with Pendragon
21 September	6pm	CollabAnation, Friday <sup>3</sup> Live
8 Oct - 7 Nov		Know your style – the minimalist wardrobe
18 October	6-8pm	Wardrobe Crisis author talk with Clare Press
20 October	10.30am, 1pm	Navigating the teen years mindfully
5 November	9.30am-4.30pm	Millinery workshop
11 November	10am-12pm	Colour in fashion illustration

## OTHER EVENTS AND ACTIVITIES OF INTEREST

Horizon Festival	24 Aug - 2 Sept	<a href="http://www.horizonfestival.com.au">www.horizonfestival.com.au</a>
Indigo Master Class with Jenai Hooke	12-14 Oct	<a href="http://www.eventbrite.com">www.eventbrite.com</a>



Bookings are required for all activities unless otherwise specified  
[www.sunshinecoast.qld.gov.au/arts](http://www.sunshinecoast.qld.gov.au/arts)

LOCATION	COST/BOOKING
Majestic Cinema, Nambour	Free, bookings required
Switch Café, C Square, Nambour	Free, drop-in
C Square forecourt, Nambour	Free, bookings recommended
C Square forecourt, Nambour	Free, bookings recommended
CWA Hall, 78 Memorial Avenue, Eumundi	Free, drop-in
Sunspace Café, Doonan	\$60, bookings required
Cotton Tree Park	Free, 10 minute sessions
Cotton Tree Park	Free, bookings on site
Cotton Tree Park	Free, bookings on site
The Artroom, Caloundra Regional Gallery	\$80, bookings required
CWA Hall, 78 Memorial Avenue, Eumundi	Free, bookings recommended
Homegrown Cafe, 4 Little Main, Palmwoods	Free, bookings required
Rosetta Books, Maleny	Free, bookings recommended
USC, Sippy Downs	<a href="https://www.usc.edu.au">https://www.usc.edu.au</a>
CUA Hall, 78 Memorial Drive, Eumundi	Free, bookings required
USC, Sippy Downs	Free, bookings required
Libraries across the Sunshine Coast	Free, <a href="http://library.sunshinecoast.qld.gov.au">library.sunshinecoast.qld.gov.au</a>
Alchemist Inside Studio, Eudlo	\$20, bookings required
The Artroom, Caloundra Regional Gallery	\$50, bookings required
Pendragon Studio, Wrigley St, Maroochydore	\$175, bookings required
Caloundra Regional Gallery	\$15, bookings required
Libraries across the Sunshine Coast	Free, <a href="http://library.sunshinecoast.qld.gov.au">library.sunshinecoast.qld.gov.au</a>
Pier 33, Parkyn Pde, Mooloolaba	\$30, bookings required
Conscious Living Expo, Lake Kawana Community Centre	\$10, bookings required
The Artroom, Caloundra Regional Gallery	\$125, bookings required
la Maison du Patissier, Kawana Forest, Meridan Plains	Free, bookings recommended

<b>Sunshine Coast International Fashion Festival</b>	19-20 Oct	<a href="http://www.sunshinecoastfashionfestival.com">www.sunshinecoastfashionfestival.com</a>
<b>Fibre Arts Festival, Yandina</b>	17-19 Nov	<a href="http://www.fibreartsfestival.com.au">www.fibreartsfestival.com.au</a>
<b>Australian Wearable Art Festival, Eumundi</b>	May 2019	For submission enquires email <a href="mailto:inspire@australianwearableart.com.au">inspire@australianwearableart.com.au</a>

Dip your toes in or immerse yourself in the world of design and sustainable fashion.

*fabric* will delight, inspire and inform offering a curated program of activities to learn the essentials or refine your artisan skills at a bespoke workshop experience.

**#artscoast**

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**Queensland**  
Government



The Regional Arts Development Fund is a partnership between the Queensland Government and Sunshine Coast Council to support local arts and culture in regional Queensland.