# Repurpose what you have



At no time in our history has clothing been so cheap and plentiful as it is today. This has led to a culture of waste and a sense that fashion is disposable. The greenest clothes are those that already exist. When we upcycle what we have instead of buying more we reduce our fashion footprint.

By applying simple sewing skills, creativity and time to existing clothes, we can refashion existing garments to suit ourselves. The possibilities are endless - limited only by our imaginations. Through these repurposing sessions, we will produce unique garments that have a good story to tell about how they were wholeheartedly remade with conscience, creativity and commitment.

# Benefits of upcycling

- Learn skills of upcycling and resewing
- Feel empowered by having affordable choices
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Reduce clothing and textile waste

## **About Textile Beat**

Textile Beat is a social enterprise inspiring thoughtful use and reuse of natural fibres, fabrics and found stuff. It was established in 2013 to tap into opportunities to repurpose existing natural fibre garments for pleasure, reward and sustainability. Textile Beat promotes slow-fashion ways to dress with conscience in clothes with good stories to tell.



This project is supported by Arts NSW's Country Arts Support Program, a devolved funding program administered by Regional Arts NSW and local Regional Arts Boards on behalf of the NSW Government



Where Tottenham NSW

Date March 12-13, 2015

Time 9.30-12.30pm, 2-5pm

## Workshops

- 1. REsew surgery
- 2. Shirt bunting/cushions
- 3. Ecodye REvive
- 4. Kitchen REcreations
- 5. Jumper REfash (youth club)

# **Bookings**

Please contact Cath Jarvis on 02 6892 8210 kcjarvis@bigpond.com

### **Presenter**

Jane Milburn B Ag Sc, Grad Cert (Aust Rural Leadership), GAICD textilebeat.com sewitagain.com facebook.com/textilebeat

#### **Exhibition**

Upcycled is a portable exhibition of eco-clothing upcycled during the 365-day Sew it Again project during 2014. It will be on display at these workshops and at Tottenham Expo on March 14.