

# Textile Beat WORKSHOP

## Upcycle skirts, dresses and tops



Garments from 365-day eco-clothing project  
Sew it Again 2014 [www.sewitagain.com](http://www.sewitagain.com)

## Overview

Ecological health depends on individual and collective respect for the limited natural resources on Earth. The global mountain of clothing cast-offs is expanding unsustainably as we chase fast-fashion that is cheaper, brighter, trendier – rather than utilising and valuing the natural resources our existing garments represent.

Textile Beat is a social enterprise inspiring creative upcycling of natural fibres, fabrics and found stuff. It was established in Brisbane, Australia in 2013 to tap into potential opportunities to repurpose existing natural fibre garments for pleasure, reward and sustainability.

## Benefits of upcycling

- Learn skills of home-sewing and re-sewing
- Feel empowered by having clothing choices
- See how to adapt clothes to suit your shape
- Gain affordable clothing options
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Share, care and see recycling at work
- Reduce textile waste



**Date** Wed 29 October

**Time** 10am - 2pm

**Cost** TBC

We discuss the unlimited potential of repurposing existing garments.

Bring along an outdated long skirt or dress and turn it into a summer muumuu or shift dress.

Share sewing tips and ideas about upcycling garments within your existing wardrobe or purchased cheaply from op shops.

## Details

**Bring:** Several long skirts or dresses as upcycling options. If you have a sewing machine please bring it but it is not essential.

**Venue:**  
**Petrie School of Arts,  
Petrie**

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