

# ReFash Denim as Art to Wear



At no time in history has clothing been so cheap. This has led to a disposable culture and a pile of waste. The greenest clothes are those that already exist. Restyling helps reduce our fashion footprint.

This Art to Wear session is part of a series using simple sewing skills and creativity to refashion old into 'new'. You can choose to enter your outfit into the 2015 Spruiker Hire Art to Wear Awards in August

## Benefits of upcycling

- Learn skills of upcycling and resewing
- Feel empowered by original, affordable choices
- See how to adapt clothes to suit your shape
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Reduce clothing and textile waste

**Date** Saturday, 2 May, 2015

**Time** 9.30am to 4.30pm

**Cost** Workshop: Free.  
Morning tea, lunch, afternoon tea: \$25

**Venue** Dreamtime Cultural Centre,  
Bruce Highway, North Rockhampton

## Details

Learn techniques to create an original Art to Wear garment.

1. **ReFashion** - chop, change, restyle, embellish existing garments
2. **Make a Denim dress** - fillet denim jeans and re sew as a shift or skirt

Bring along old denims and shirts to refashion into creative original wearable art. Bring sewing machine (if you have one) and sewing kit of scissors, pins, elastic, buttons, etc

## Bookings

keppelcoastarts@gmail.com  
www.keppelcoastarts.org.au

## Facilitator

**Jane Milburn from Textile Beat**  
*upcycler and natural fibre champion*  
textilebeat.com and sewitagain.com  
facebook.com/textilebeat

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