

Calling all refashionistas



Date Sunday November 22

Time 9am - 4pm

Venue Bribie Island
Community Art Centre
191 Sunderland Drive
Banksia Beach

Costs \$55 for BICAS members
\$60 for non-members

Book Please call 3408 9288

Workshop details

Never before has clothing been so cheap and plentiful. This leads to waste and a sense of fashion as disposable. The greenest clothes are those that already exist. Learn how to reduce your fashion footprint by upcycling what you have instead of buying more.

Benefits of upcycling

- Learn more about the making process
- Feel empowered by original, affordable choices
- See how to adapt clothes to suit your shape
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Be mindful and resourceful
- Reduce clothing and textile waste

Facilitator

Jane Milburn of Textile Beat

upcycler + natural fibre champion

textilebeat.com

facebook.com/textilebeat

[365-day project sewitagain.com](http://365-day-project.sewitagain.com)

This is an opportunity to have a play with surplus textiles and clothing. All you need is imagination, time, and a few sewing skills.

Bring sewing machine (if you have one), basic equipment (scissors, thread etc) and at least three discarded/dejected natural-fibre garments in colours you love from your wardrobe, friends' cast-offs or opshops.

You will be shown some creative upcycling/restyling options then work on your own garments. The options include:

ReFashion - restyle hem/collar/sleeves of existing garments to suit your shape and preference

Make a history shift/shift - fillet the best parts from dejected garments and restitch them into shift or a skirt with a story to tell.

If you are a person who desires neat perfection, this workshop is not for you.

