

Art to Wear with Heart

creative unique resourceful



mindful original storyful thoughtful

At no time in history has clothing been so cheap. This has led to a disposable culture and a pile of waste. The greenest clothes are those that already exist. Restyling helps reduce our fashion footprint.

This Art to Wear session is part of a series using simple sewing skills and creativity to refashion old into 'new'. You can choose to enter your outfit into the 2015 Spruiker Hire Art to Wear Awards in August

Benefits of upcycling

- Learn skills of upcycling and resewing
- Feel empowered by original, affordable choices
- See how to adapt clothes to suit your shape
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Reduce clothing and textile waste

Date Thursday 9 July, 2015

Time 9am to 4pm

Cost Workshop: Free.
Morning tea, lunch, afternoon tea: \$25

Venue Dreamtime Cultural Centre,
Bruce Highway, North Rockhampton

Details

Learn techniques to create an original Art to Wear garment.

1. **ReFashion** - chop, change, restyle, embellish existing garments
2. **Sew your own shift** - fillet old garments and re sew as a shift or skirt

Bring along old denims and shirts to refashion into creative original wearable art. Bring sewing machine (if you have one) and sewing kit of scissors, pins, elastic, buttons, etc

Bookings

Desley Cowley 0419 817 973
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Facilitator

Jane Milburn from Textile Beat
upcycler and natural fibre champion
textilebeat.com and sewitagain.com
facebook.com/textilebeat

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