# Art to Wear with heart



Never before has clothing been so cheap and plentiful. This leads to waste and a sense of fashion as disposable. The greenest clothes are those that already exist. Learn how to reduce your fashion footprint by upcycling what you have instead of buying more.

#### Benefits of upcycling

- Learn more about the making process
- Feel empowered by original, affordable choices
- See how to adapt clothes to suit your shape
- Discover your creativity and unique style
- Be productive and improve wellbeing
- Be mindful and resourceful
- Reduce clothing and textile waste

#### **Facilitator**

**Jane Milburn of Textile Beat** 

upcycler + natural fibre champion textilebeat.com

365-day project sewitagain.com facebook.com/textilebeat





August, 2015

**Time** 9am - 4pm both days

**Venue** Banana Shire Community Arts House (opposite tennis courts), Biloela

**Costs** \$60 - to Biloela Arts Council Inc electronic: BSB 064701 A/c 00900309 cheque: PO Box 614, Biloela 4715

**Note:** BYO lunch, tea/coffee supplied

#### **Bookings**

Please contact Kay Breeze p: 4992 2525 e: kaybreeze@bigpond.com

#### **Workshop details**

Come and play with textile waste.
All you need is imagination and time.
Sewing skills are helpful, not essential.
Bring sewing machine (if you have one) and dejected clothing (preferably natural fibres) from your wardrobe or visit opshop.

You will learn creative upcycling techniques and make original Art to Wear garments from the old stuff. We will provide suggestions for restyling whatever garments you bring along. You may want to:

**ReFashion** - chop, change, restyle existing garments to suit your shape and preference **Make a history shift/shift** - fillet the best parts from dejected garments and restitch them into shift or a skirt with a story to tell





### **Australian Government**

## **Regional Arts Fund**

The Regional Arts Fund is an Australian Government initiative that supports sustainable cultural development in regional, remote and very remote Australia. The program is delivered in partnership with Artslink Queensland.